

January 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 <i>NO SCHOOL</i>	2 <i>NO SCHOOL</i>	3 <i>NO SCHOOL</i>	4
5	6 <i>NO SCHOOL</i>	7 <i>Agilities 6:30am 8th-11th Athletes not out for a winter sport 9th-11th After school lifting</i>	8 <i>OFF</i>	9 <i>9th-11th After school lifting for non-winter athletes</i>	10 <i>Agilities 6:30am 8th-11th Athletes not out for a winter sport 9th-11th After school lifting</i>	11
12	13 <i>9th-11th After school lifting for non- winter athletes</i>	14 <i>AGILITIES SAME WORKOUTS</i>	15 <i>OFF</i>	16 <i>SAME WORKOUTS</i>	17 <i>AGILITIES SAME WORKOUTS</i>	18
19	20 <i>SAME WORKOUTS</i>	21 <i>AGILITIES SAME WORKOUTS</i>	22 <i>OFF</i>	23 <i>SAME WORKOUTS</i>	24 <i>AGILITIES SAME WORKOUTS</i>	25
26	27 <i>SAME WORKOUTS</i>	28 <i>AGILITIES SAME WORKOUTS</i>	29 <i>OFF</i>	30 <i>SAME WORKOUTS</i>	31 <i>AGILITIES SAME WORKOUTS</i>	

February 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>9th-11th</i> <i>After school lifting for non-winter athletes</i>	4 <i>Agilities 6:30am</i> <i>8th-11th Athletes not out for a winter sport</i> <i>9th-11th After school lifting</i>	5 <i>OFF</i>	6 <i>9th-11th</i> <i>After school lifting for non-winter athletes</i>	7 <i>Agilities 6:30am</i> <i>8th-11th Athletes not out for a winter sport</i> <i>9th-11th After school lifting</i>	8
9	10 <i>SAME WORKOUTS</i>	11 <i>AGILITIES</i> <i>SAME WORKOUTS</i>	12 <i>OFF</i>	13 <i>SAME WORKOUTS</i>	14 <i>AGILITIES</i> <i>SAME WORKOUTS</i>	15
16	17 <i>NO SCHOOL</i>	18 <i>SAME WORKOUTS</i>	19	20 <i>SAME WORKOUTS</i>	21 <i>AGILITIES</i> <i>SAME WORKOUTS</i>	22
23	24 <i>AGILITIES</i> <i>SAME WORKOUTS</i>	25 <i>SAME WORKOUTS</i>	26	27 <i>SAME WORKOUTS</i>	28 <i>AGILITIES</i> <i>SAME WORKOUTS</i>	

March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 <i>AGILITIES</i> <i>MAX OUT WEEK</i>	4 <i>MAX OUT WEEK</i>	5 <i>MAX OUT WEEK</i>	6 <i>MAX OUT WEEK</i>	7 <i>AGILITIES</i> <i>MAX OUT WEEK</i>	8
9	10 <i>AGILITIES</i>	11	12	13	14 <i>SPRING BREAK</i>	15
16	17 <i>SPRING BREAK</i>	18 <i>SPRING BREAK</i>	19 <i>SPRING BREAK</i>	20 <i>SPRING BREAK</i>	21 <i>SPRING BREAK</i>	22
23	24 <i>9th-11th Workouts</i> <i>6:15am</i>	25 <i>8th Workouts</i> <i>6:45am</i>	26 <i>9th-11th Workouts</i> <i>7:00 am</i>	27 <i>8th Workouts</i> <i>6:45am</i>	28 <i>9th-11th Workouts</i> <i>6:15am</i>	29
30	31 <i>9th-11th Workouts</i> <i>6:15am</i>					

April 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>31 9th-11th Workouts 6:15am</i>	<i>1 8th Workouts 6:45am</i>	<i>2 9th-11th Workouts 7:00 am</i>	<i>3 8th Workouts 6:45am</i>	<i>4 9th-11th Workouts 6:15am</i>	<i>5</i>
<i>6</i>	<i>7 SAME WORKOUTS</i>	<i>8 SAME WORKOUTS</i>	<i>9 SAME WORKOUTS</i>	<i>10 SAME WORKOUTS</i>	<i>11 SAME WORKOUTS</i>	<i>12</i>
<i>13</i>	<i>14 SAME WORKOUTS</i>	<i>15 SAME WORKOUTS</i>	<i>16 SAME WORKOUTS</i>	<i>17 SAME WORKOUTS</i>	<i>18 SAME WORKOUTS</i>	<i>19</i>
<i>20</i>	<i>21 SAME WORKOUTS</i>	<i>22 SAME WORKOUTS</i>	<i>23 SAME WORKOUTS</i>	<i>24 SAME WORKOUTS</i>	<i>25 SAME WORKOUTS</i>	<i>26</i>
<i>27</i>	<i>28 SAME WORKOUTS</i>	<i>29 SAME WORKOUTS</i>	<i>30 SAME WORKOUTS</i>			

May 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 8th Workouts 6:45am	2 9th-11th Workouts 6:15am	3
4	5 7th Workouts 6:45am	6 8th Workouts 6:45am	7	8 8th Workouts 6:45am	9 7th Workouts 6:45am	10
11	12 7th Workouts 6:45am MAX OUT WEEK	13 8th Workouts 6:45am MAX OUT WEEK	14 MAX OUT WEEK	15 8th Workouts 6:45am MAX OUT WEEK	16 7th Workouts 6:45am MAX OUT WEEK	17
18	19 7th Workouts 6:45am	20 8th Workouts 6:45am	21 7th Workouts 6:45am	22 8th Workouts 6:45am	23 Last Day of School	24
25	26	27	28	29	30	31

June 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 10-12th workouts 6:00-8am 8-9th workouts 4-5:30pm Open Field Everyone except off/def line 9-12 grade 8:30-9:30 am	3 10-12th workouts 6:00-8am 8-9th workouts 4-5:30pm Open Field Everyone 9-12 8:30-9:30 am	4 OFF	5 10-12th workouts 6:00-8am 8-9th workouts 4-5:30pm Open Field QB/Rec 8:30-9:30 10-12 Oline to Osky til 2pm	6 10-12th workouts 6:00-8am 8-9th OFF	7
8	9 Same Workouts	10 Same Workouts	11 OFF	12 Same Workouts	13 Same Workouts	14
15	16 Same Workouts	17 Same Workouts	18 OFF	19 Same Workouts	20 Same Workouts	21
22	23 Same Workouts	24 Same Workouts	25 OFF	26 Same Workouts	27 Same Workouts	28
29	30 Same Workouts					

July 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>30 10-12th workouts 6:00-8am 8-9th workouts OFF Open Field Everyone except off/def line 10-12 grade 8:30-9:30 am</p>	<p>1 10-12th workouts 6:00-8am 8-9th workouts OFF Open Field Everyone 10-12 8:30-9:30 am</p>	<p>2 OFF</p>	<p>3 OFF</p>	<p>4 OFF</p>	<p>5</p>
6	<p>7 10-12th workouts 6:00-8am 8-9th workouts 4-5:30pm Open Field Everyone except off/def line 9-12 grade 8:30-9:30 am</p>	<p>8 10-12th workouts 6:00-8am 8-9th workouts 4-5:30pm Open Field Everyone 9-12 8:30-9:30 am</p>	<p>9 OFF</p>	<p>10 10-12th workouts 6:00-8am 8-9th workouts 4-5:30pm Open Field QB/Rec 8:30-9:30 10-12 Oline to Osky til 2pm</p>	<p>11 10-12th workouts 6:00-8am 8-9th OFF</p>	12
13	<p>14 SAME WORKOUTS</p>	<p>15 SAME WORKOUTS</p>	<p>16 OFF</p>	<p>17 SAME WORKOUTS PARENT MEETING TBA</p>	<p>18 SAME WORKOUTS</p>	19
20	<p>21 OFF</p>	<p>22 OFF</p>	<p>23 OFF</p>	<p>24 OFF</p>	<p>25 OFF</p>	26
27	<p>28 9th-12th Camp 4-6:30pm @the high school</p>	<p>29 9th-12th Camp Dodge Leave @8:00am</p>	<p>30 9th-12th Camp Dodge</p>	<p>31 9th-12th Camp Dodge Return to Carlisle @12:00pm approx</p>	<p>1 OFF</p>	

August 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 <i>OFF</i>	2
3	4 <i>9th-12th Grade Camp 4:30-7:00pm 10th-12th lifting 11am-noon 4-8th OLine Camp TBA</i>	5 <i>9th-12th Grade Camp 4:30-7:00pm 10th-12th lifting 11am-noon 4-8th OLine Camp</i>	6 <i>9th-12th Grade Camp 4:30-7:00pm 10th-12th lifting 11am-noon 4-8th OLine Camp</i>	7 <i>9th-12th Grade Camp 4:30-7:00pm 10th-12th lifting 11am-noon 4-8th QB/Rec Camp TBA 3rd-6th Run/Punt/Pass 7:30-9:00pm</i>	8 <i>9th-12th Grade Camp 4:30-7:00pm 10th-12th lifting 11am-noon 4-8th QB/Rec Camp TBA</i>	9
10	11 <i>Practice starts 10th-12th Lifting 8-10am 9th-12th Practice 4:30-7:30pm</i>	12 <i>10th-12th Lifting 8-10am 9th-12th Practice 4:30-7:30pm</i>	13 <i>10th-12th Lifting 8-10am 9th-12th Practice 4:30-7:30pm</i>	14 <i>10th-12th Lifting 8-10am 9th-12th Practice 4:30-7:30pm</i>	15 <i>10th-12th Lifting 8-10am 9th-12th Practice 4:30-7:30pm</i>	16 <i>9th-12th Practice 6-9:00pm</i>
17	18	19	20	21	22 <i>SCRIMMAGE vs TBA 7:30pm</i>	23
24	25	26	27	28	29	30
31						